

## Partners for Resilience

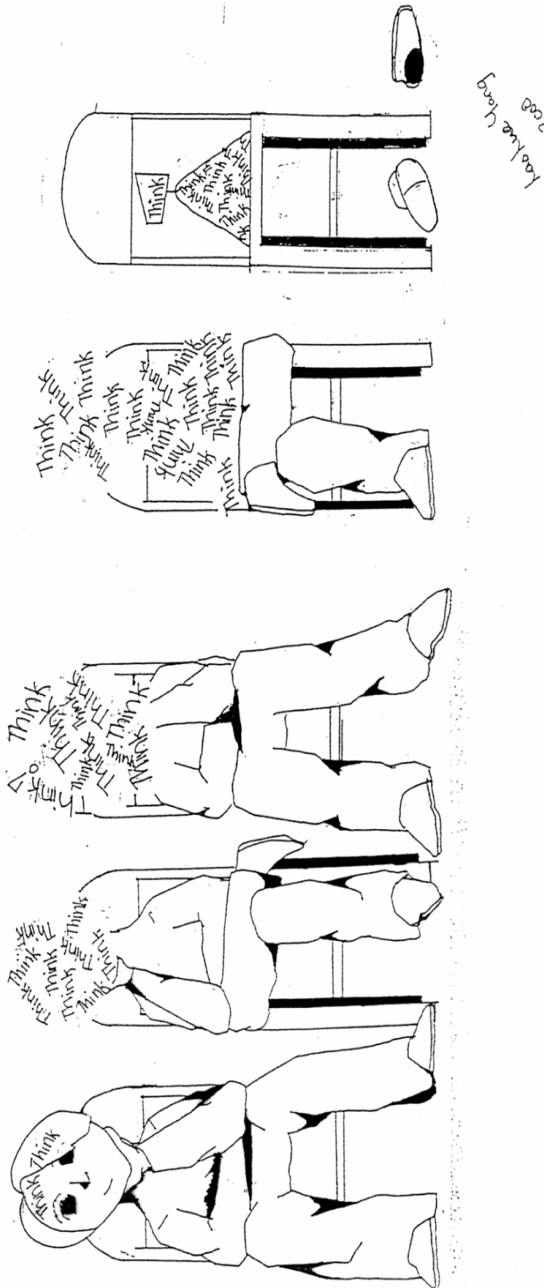
### Coalition Mission Statement:

Partners for Resilience brings together county stakeholders to establish a common resilience-based philosophy to guide coalition members in preventing alcohol and other drug use and the risky behaviors related to chemical use with individual and environmental prevention strategies community-wide.

We exist to support non-use of alcohol and other drugs by youth in Dunn County. Our primary tasks are to: 1) Develop and support countywide and community activities, 2) Create and maintain a network for resource and information exchange within the county, 3) Identify and access county human and financial resources, 4) Conduct county needs assessments of youth behaviors, 5) Promote consistent programs, policies and linkages among community, schools, and agencies, 6) Coordinate and sponsor training and program efforts. PARTNERS collaborate in successfully working to reduce risks and increase



Provided by the School District of the Menomonie Area with Drug Free Communities Support Program grant funding from the U. S. Substance Abuse Mental Health Services Administration



Curious?? Ask



## Bringing Out the Best in Our Community



## *Partners for Resilience*

*"Nurturing Inner Health to  
Cultivate Community Health"*

Dunn County, WI

2014-2015

## There is really good news!

It is possible to bring out the best in one another. It is never too late to tap natural resilience. Every person can discover well-being and common sense. Parents may believe there is no hope in the teenage years. Take heart! Tapping resilience makes a big difference.



The hopeful message for parents is that everyone, including teens, have a natural resilience, common sense and innate mental health. In the Menomonie and Boyceville Schools, your child is learning to discover resilience and navigate life well, and you can too.



**PFR  
MEETING DATES**  
August 19, 2014  
September 30, 2014  
November 11, 2014  
December 16, 2014

## Here is what our Youth are telling us:

- “Encouragement and help from my family kept me moving toward my dream.”
- “Nobody is perfect, everyone makes mistakes, make sure we know you are there for us, be supportive—when I have friends and family with me I feel 100% more calm and collected—...DO NOT JUDGE — LISTEN”

Comments from Resiliency Leadership Training, Gr. 7-12, Spring, 2010

*Students who said their parents care about them very much used alcohol at a rate of 30% less.*

*MSD Student Survey, 2011*



**Your Child is Learning about making good choices and decisions based on healthy thinking.**

## What can You do?

- Establish a caring relationship with your child.
- Provide and encourage participation in family, school and community activities
- Hold high expectations that your child will do his/her best in life and in school.
- Be a positive role model for your child
- Participate in parent education and support opportunities in the community.
- Celebrate success!



## Resources

*Parenting with Heart—Resiliency Parenting Classes*

*Health Realization/Resiliency Introductory Course or Mini Series. Call to request for your organization or group.*

*Presentations on local student data results.*

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